

Day 4 – Along the mountain stream (2/2)

Course: Climb Your Mountain

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(Re)discover your values, part 2

The common thread in your (childhood) heroes and dream jobs

Go back to your lists of heroes / role models and dream jobs.

You went over each your heroes and thought about what about them made them your heroes, your role models.

You looked at your list of dream jobs and thought about what about those made them dream jobs for you.

Now I want you to go over all those characteristics you mentioned and categorise them.

When you go back to the example I gave in the earlier notes about (re)discovering your core values you'll see that all my role models had sovereignty. All of them were determined, principled rule breakers.

When you look at the examples of dream jobs you'll notice that two of them had the outdoors and animals / nature in common.

Looking at all the characteristics you listed for your heroes and jobs, you'll find that certain things keep coming back. Or that you're using different words for similar things.

Go through your list and try to bring it back to 3 – 5 categories. Then find a label for each of those categories that accurately describes all the characteristics in a particular category.

Each label, each category represents one of your core values. You can use table 1 for this part.



Table 1 - The common thread

Category 1 Label: _____	Category 2 Label: _____	Category 3 Label: _____	Category 4 Label: _____	Category 5 Label: _____
<i>For example: Integrity</i>				
<i>Honest principled trustworthy</i>				

